

ATTENTION! - PSE & G and Rockland Electric customers- Please share this!-Fall '22

PSE & G has recently mailed a letter saying they'll soon be installing an electric smart meter on your home or business. Homeowners can opt-out, though they say businesses cannot. There are products to help protect from smart meters' **microwave radiation [a subset of RF-radio frequency]** listed below. **Rockland Electric** has been installing smart meters since 5/18 & they also can be opted-out. Opt-out info is below, including my original flyer 5/31/19. (Some of the links may no longer exist, some won't hyperlink--sorry).

There are many reasons to not want a smart meter, such as the power company can shut off your electricity remotely! This recently happened in Colorado, when the energy company locked smart thermostats at a high A/C temperature, on a sweltering summer afternoon. The company defended its decision saying customers had voluntarily joined a "rewards" program, which stated locking could not be overridden in an "emergency" 9-1-22 (<https://www.theblaze.com/news/energy-company-locks-smart-thermostats>).

They can cause health problems! Smart meters (digital meters that record & transmit usage) cause **huge increases in microwave radiation (RF-radio frequency) into your home & neighborhood, 24/7**. Possible health problems include: headaches, insomnia, memory loss, tumors, high blood pressure or sugar, chest pain or arrhythmia, nausea, dizziness, lack of energy or concentration, tinnitus, eye problems, anxiety, depression, electromagnetic hypersensitivity, etc. stopsmartmeters.org/the-science/rt-thermostats; **Documentary: Must-See Documentary Reveals Dangers of Smart Meters | Body Charge Nutrition**; <https://www.amymyersmd.com/article/dangerous-smart-meter/>; sagereports.com/smart-meter/; ahappyhabitat.com/smartmeters.html; **Smart Meter Dangers - Should You Be Concerned? | Amy Myers MD**).

Smart meters may increase your utility bills (<http://emfsafetynetwork.org/smart-meters/complaints/>). "80% of homeowners with smart meters **reported price increases** on their bills..." (patch.com/new-jersey/ramsey-nj/dangers-smart-meters-0). An Impact Survey found **35% had an increase in their utility bill**, with 8% experiencing burned out appliances or damaged electronics including TV, computer, refrigerator, etc.-Link gone, cf. (<https://tinyurl.com/yejwc7xs>).

Smart meters have caused hundreds, possibly thousands, of fires & explosions in the US & other countries from power surges & other reasons (<http://emfsafetynetwork.org/smart-meters/>; %20smartgridawareness.org/2016/08/25/how-the-smart-meter-remote-disconnect-can-cause-fires/; **Smart Meter Safety Concerns — Risk of Fire! | Smart Grid Awareness**). They've been connected to the **California "Santa Rosa" fire (10/17) & the "Thomas" fire (12/17)**. Utility companies typically don't take responsibility for these fires & try to put

all costs and liability on the customer (<https://www.jerryday.com/%20https://www.youtube.com/watch?v=EffGk6ilh7s>).

Smart meters allow 24/7 surveillance & monitoring of activities inside your home by utilities & governments. Rockland's privacy statement says they "may share information with third parties..." They also say you can opt-out of this (oru.com/en/privacy-statement). [PSE & G says they "will not sell this data to third parties."] See also: <http://electricsense.com/8034/smart-meter-legal-constitutional-human-rights-violations-smart-grid/>;

<http://wnd.com/2010/11/228337/;%20northjersey.com/story/news/new-jersey/2018/05/29/smart-meters-arrive-nj-bringing-fears-big-brother/577870002/>

Smart meters are at risk for local hacking & by connecting to a national Smart Grid, they're at risk for cyber-terrorism (<http://westonaprice.org/health-topics/environmental-toxins/smart-meters-not-so-smart>;

electricsense.com/1256/smart-meters-electromagnetic-radiation-money-and-your-health/).

Power transmitters in smart appliances emit radiation on their own & additional radiation when sending usage amounts to a smart meter. Multiple appliances (including washer & dryer) can then **tremendously elevate continual radiation levels in kitchen & laundry rooms** (<http://electricsense.com/3033/rf-radiation-from-power-transmitters-in-smart-appliances/>;

<https://stopsmartmeters.org/2011/05/27/appliances-introducing-stealth-emf-into-our-homes/>).

If you don't want a smart meter, you can opt-out or have it removed in the future by PSE & G (for a monthly meter-reading fee of \$12) **or Rockland Electric** (monthly meter-reading fee of \$10 for gas or electric service or \$15 for both. **For PSE & G**, call 908-325-4020 or go to: <http://pseg.com/smartmeters>>. **For Rockland**, call 1-877-434-4100 or **Smart Meter Opt-Out form NJ (PDF)** at:

http://oru.com/-/media/files/oru/documents/our-energy-projects/rockland-electric_smartmeter_optout.pdf?la=en]...[Spanish PDF available.] Insist on an

"Electromechanical Analog Meter with no transmitting components"-no RF radiation! Try not to accept an AMR digital meter (one-way wireless transmission) because it may give off a similar amount of radiation as smart meters & they both cause **"dirty electricity"** (DE) on your house wiring & outlets (<http://emfanalysis.com/do-you-have-a-smart-meter/>;

http://naturalnews.com/z050001_dirty_electricity_AMR_smart_meters.html). **DE radiation can cause the above listed health problems, too.** Filters can possibly help eliminate DE radiation (<http://electricsense.com/search-results/?q=dirty+electricity>; <http://emfanalysis.com/what-is-dirty-electricity/>;

http://createhealthyhomes.com/dirty_electricity.php).

Analog meters (what you probably have now--have small circles & pointers) **have no RF radiation**. If buying, should only be professionally installed ([Buy Your Analog Meter Here | Stop Smart Meters!](#)).

Also available: **Electric Smart Meter Guards**--\$129.95 (smartmeterguard.com; lessemf.com/smart.html, etc.). Gas or Water **Smart Meter Guards**--\$32.95 (tinyurl.com/y3bx9gfr). These Guards are legal, block radiation 98% to house & the utility still gets their signals ([Frequently Asked Questions – Smart Meter Guard](#)) etc.

Unfortunately, these guards don't stop "dirty electricity." **Additional stores to help reduce or block RF** <emfsafetystores.com; lessemf.com; rfsafe.com; electricssense.com>; [Body – Tech Wellness](#)>.

by

Claudia Reid, Revised 9-9-22